

Chen Style Taichi Class

Weekly on Fridays

5:00PM - 7:00PM PT

Tuition: FREE, \$2 suggested donation

Instructor: Evelyn Lee

This class will be held in-person at the Oakland Asian Cultural Center. Please email programs@oacc.cc prior to attending a class to verify OACC's visitor policy regarding COVID-19 precautions.

Learn taichi in its original form as taught in its birthplace in China by building a strong foundation with Chen silk reeling and Yang 8-methods/5-steps and studying Chen Old Frame First Path (陈家沟一路). This class may continue after the first 10 weeks.

Evelyn has studied at Master Chen Bing's school in Chen Village (陈家沟), Henan, China.

For Ages (18+)

